



Need Help? Call 2-1-1

By simply dialing 2-1-1, you can talk to a Referral Specialist who will connect you to non-profits and government agencies that can help you. This is a free, 24/7 service - we've been helping people since 1984.

We Can Help With:

- Veterans' Needs
- Medical Needs
- Substance Abuse
- Shelter
- Food/CalFresh
- Mental Health
- Job Resources
- Senior Care
- Utility Bills
- Domestic Violence
- Family Support
- Legal Assistance

And More...

Dial 2-1-1 • Text your zip code to 898-211 • Or visit our website:

www.211oc.org

